

# Skills built in centers

**Books, Language and Literacy:** As early language learners, literacy is the basis of all that we learn. It is incorporated in all of our centers, lesson planning, and developmental domains. When the children are being asked open ended questions or read and sang to by their teachers, it helps to provide a huge vocabulary and implement more words into sentence structure while strengthening word annunciation. The children also learn about cultural diversity as they learn about places around the world.

**Math and Science:** The child's reasoning and comprehension of math and science provides an array of exploration to naturalistic materials like plants, pets, weather, and other earth like materials. We focus on charts and experiments to increase cause and effect awareness. The children strengthen their cognitive skills such reasoning and comprehending through hands on projects.

**Blocks:** Our students build concepts using fine motor and cognitive skills when grasping blocks and math skills such as shape recognition, sorting, matching, and stacking blocks. Cognitive skills when using cause and effect; why blocks are balancing or falling over. Social and language skills are enhanced as the children work together to build and become creative.

**Home Living/Dramatic Play:** Math skills are demonstrated as they measure, sort, and create food activities. Their cognitive skills are broadened with creative thinking and interaction with peers. They enhance their fine and gross motor skills along with self help skills as they dress themselves and perform in their role play. Social, emotional and language skills are stimulated as they role play and interact with one another.

**Manipulatives:** Cognitive skills are put to use in this center as they sort, classify, graph, and match. Fine motor skills are strengthened as they work on recognition and identification in their play which includes teacher instruction and one on one activities.

**Art Center:** The children's sensory development and fine/gross motors skills are strengthened as they release their creative instincts. They learn language and cognitive skills such as math and science. Colors, textures and other diverse materials are incorporated. Their language and literacy skills are expressed in their art creations. Social and emotional skills are increased with group projects and writing stories along with it. This stimulates team work and patience.

**Music and Movement:** Promotes language and gross motor development as the children sing and dance. Math is also incorporated as the children learn to count to the beat of a drum or dance. The children learn about cultural diversity and other languages as they hear diverse music and instruments. Cognitive skills are increased as the children learn to sing new songs and use their memory and comprehensive skills to remember the words as they sing over and over again. Language skills are broadened as the children sing, clap, or dance to the syllables in a song.

**Health and Physical Education:** The children learn about healthy eating habits on a daily basis as they are provided three healthy meals a day. The teachers focus on table manners, hand washing and healthy eating choices at each meal. Gross motor development is stimulated at least twice a day when we go outside for various play-ground and bicycle play. When outside, the children strengthen their motors skills while demonstrating balance, coordination, running, jumping and climbing within their play.

# Our Teachers



We are an Equal Opportunity Employer

Hours: 6:30 am—6:00 pm



**New Horizons  
Child Care, Inc.**

6395 Cephis Drive, Clemmons NC 27012

(336) 766-7079 (336)766-7075

[www.newhorizonschildcareinc.com](http://www.newhorizonschildcareinc.com)

[horizonschild@gmail.com](mailto:horizonschild@gmail.com)

Hours: Mon. - Fri. 6:30 am - 6:00 pm



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# Overview

Welcome to the Three year old classroom! This classroom is about preparing your child for the Pre-K Four class and becoming a confident and successful individual. We are so glad you have chosen us to be a part of your family. We are very busy in the three year old room! In this room we focus on self-help skills (ex: putting on our own coat) as well as social skills, such as talking through problems and playing with our friends not just beside them. We also work on the letter recognition and early writing skills. We look forward to getting to know you this year. If you have any questions do not hesitate to ask.



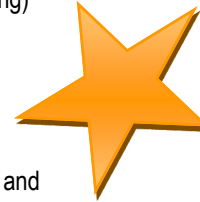
# Reminders

- Book Day is Monday – Can bring any book
- Show and Share is Friday – Non-violence promoting
- Crib sheet, blanket and one soft toy if needed
- Extra change of clothes in cubby
- No food from home: cupcakes, etc must be store bought
- Please be at school by 10 am
- Check our classroom board to see what we focused on that day



# Schedule

6:30 – 7:30	Greeting/Free Choice in Centers
7:30 – 8:20	Outside Play (weather permitting)
8:20 – 8:30	Wash Hands
8:30 – 9:00	Breakfast
9:00 – 9:10	Group Gathering for Health and Exercise Lesson
9:10 – 10:30	Free Choice Centers/Art/Sand and Water (Potty)
10:30 – 11:15	Outside (weather permitting) or Exercise Stations
11:15 – 11:30	Circle Time (Free Choice)
11:30 – 11:40	Table Toys/Manipulatives/Prepare Cots
11:40 – 12:05	Lunch/Social Time
12:05 – 12:45	Table Toys/Writing Time/Potty
12:45 – 2:45	Nap and Rest and Relax Time
2:45 – 3:00	Potty/Prepare for Snack
3:00 – 3:30	P.M. Snack and Social Gathering
3:30 – 4:30	Free Choice Centers
4:30 – 5:00	Outside Play (weather permitting)
5:00 – 5:40	Free Choice Centers
5:40 – 6:00	Table Toys and saying good bye to our friends



\*Weather Permitting: the temperatures in the winter months will determine early A.M. Play.

*All centers open throughout the day. During inclement weather, we will do indoor gross motor activities. Every day sand and water play is offered as a free choice.*



# Goals

## Fine Motor Skills

Can hold a feeding utensil and feed with minimal assistance. Begins to grasp a crayon and scribble up and down as well as side to side.

## Cognitive Skills

Listens well and makes age appropriate comments. May pretend to read to others or explain pictures.

## Gross Motor Skills

Can kick or bounce a ball. Can walk up and down stairs without assistance. Can pedal on a tricycle.

## Language Skills

Talks about objects and people not present. Answers simple questions effectively. Asks questions.

## Social/Emotional Skills

Understands taking turns, enjoys simple games, uses object symbolically in play.

\*\*These goals are a small example of what we focus on, lessons are tailored within each domain