

# Skills built in centers

**Books, Language and Literacy:** As early language learners, literacy is the basis of all that we learn. It is incorporated in all of our centers, lesson planning, and developmental domains. We believe that early literacy encourages an ongoing love of learning. When the children are being read and sung to by their teachers, it helps to provide a larger vocabulary.

**Blocks:** Building concepts using fine and gross motor skills when grasping blocks, math skills such as shape recognition, sorting, matching, and stacking blocks. Cognitive skills when using cause and effect; why blocks are balancing or falling over. Social and language skills are enhanced as the children work together to build.

**Art Center:** The children's sensory development and fine/gross motors skills are strengthened as they release their creative instincts. They learn language and cognitive skills as math and science are incorporated by using colors, textures, and other diverse materials. Their language and literacy skills are expressed through their vocal sounds. Social and emotional skills are increased with group floor play activities.

**Music and Movement:** Music and movement promotes language and gross motor development while we sing and dance. Cognitive skills are increased as the children learn to sing new songs and use their memory and comprehensive skills to remember the words as they sing over and over again. Language skills are broadened as they children sing, clap, or dance to the syllables in a song.

**Health and Physical Education:** The children learn about healthy eating habits on a daily basis as they are provided three healthy meals a day. The teachers focus on healthy eating choices at each meal. Gross motor development is stimulated at least twice a day when we go outside for playground activities. When outside, the children strengthen their motors skills while demonstrating balance, coordination and climbing within their play.

**Sensory:** Betweenies learn through their senses. The sensory center is used to help develop these senses. Items of different textures and shapes help develop curiosity and allow betweenies to learn through sight and feel. Soft music helps to stimulate their hearing. The development of all the senses are especially important within the first year of a child's life.

# Our Teachers

We are an Equal Opportunity Employer

Hours: 6:30 am—6:00 pm



**New Horizons  
Child Care, Inc.**

6395 Cephis Drive, Clemmons NC 27012

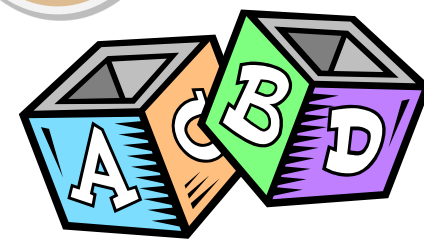
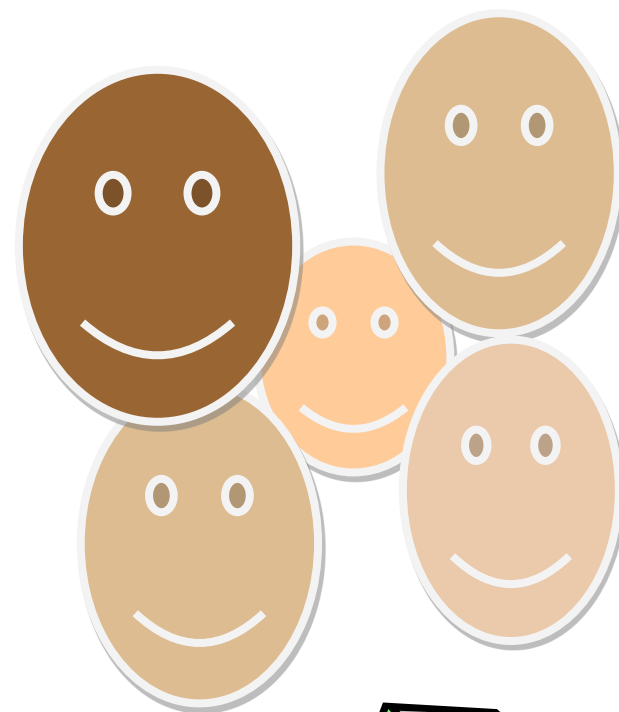
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Hours: Mon. - Fri. 6:30 am - 6:00 pm

# Betweenies



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# Overview

We are so excited to have your child join our class! This room aids in your child's transition from an infant to a toddler. Areas of development are social/emotional, language, fine motor skills and gross motor skills. The lesson plans are developed for appropriate learning experiences for each individual child. It is our goal to provide an environment to help each child develop at their own pace. Cognitive skills increase as the child becomes aware of distances, recognizes the reversal of objects, and imitates activities. New Horizons encourages language skills through reading, songs and finger plays. The introduction of new objects and experiences helps to develop social/emotional skills. Manipulation of objects helps to grow their fine motor skills as they experiment with walking and climbing. Through all of these developmental milestones, your child will master all the skills needed to grow and develop into a Toddler.

## Reminders

- Label all caps and bottles with name and date
- Bring a blanket for naptime
- Music on Wednesdays
- Bring in tissues and wipes every month
- Make sure your child has a change of clothes in their cubby
- Please fill out your child's feeding schedule at the beginning of the year, be sure to keep us updated!
- Please make sure your child has secure footwear
- Please bring wipes and diapers on a consistent basis.

# Schedule

6:30 – 8:00	Wash Hands/Greetings / Free Choice
8:15 – 9:00	Wash Hands/Breakfast
9:00 – 10:00	Free Play/Circle Time (small groups)
10:00 – 10:30	Outside (weather permitting) Gross Motor indoors if weather does not allow us to go outdoors.
10:30 – 11:00	Wash Hands/Lunch
11:30 – 12:00	Free Play
12:00 – 12:30	Naps Begin/Quiet Activities
12:30 – 2:00	Nap Time/Quiet Activities
2:00 – 3:00	Nap Time/Quiet Activities
3:00 – 3:30	Wash Hands/Snack Time
3:30 – 4:00	Free Play/Circle Time (small groups)
4:00 – 4:30	Free Play
4:30 – 5:00	Outside Play (weather permitting)
5:00 – 5:20	Wash Hands/Snack Time
5:20 – 6:00	Goodbyes/Free Play

*Individual Naps as Needed*

*Diapers are Changed Every 2 Hours or as Needed.*

*Individual feedings as needed*

# Goals

## Gross Motor Skills

Can crawl easily and begins to walk unassisted.

## Fine Motor Skills

Can push or pull toys. Grasp things easily with hands. Can feed themselves small finger foods.

## Cognitive Skills

Can manage more than one object. Enjoys looking at pictures and books.

## Language Skills

Produces considerable amounts of verbal communication. Can follow simple instructions. Begins to ask for simple items by name.

## Social/Emotional Skills

Enjoys knowing adults are near, helps pick up toys. Enjoys being read to. Starts to let other children into their "space" for short periods of time.

\*\*These goals are a small example of what we focus on, lessons are tailored within each domain